

# Safety & Health: It's Your Best Investment!

53rd Governor's Industrial Safety and Health Conference



Spokane Convention Center, September 29-30, 2004

# Conference Highlights

## Exhibition Hall – The Action is Here!

Take a walk wearing the “drunk goggles” or experience the crane operation “simulation.” You’ll find these demonstrations, returning favorites and one of the country’s largest safety/health trade shows – all in the Exhibition Hall.

## Schedule of Events

### Wednesday September 29

**7:00 a.m.**

Registration  
Exhibits Open

**8:00 a.m.**

Cubical Yoga  
Cyber Café Opens  
School-to-Work Program  
Video Showcase

**9:00 a.m.**

7<sup>th</sup> Annual Forklift Rodeo

**9:30 a.m.**

**Opening Session**  
**Welcome Addresses**  
**Lifesaving Awards**  
**Keynote Speaker, John Nance**

**Noon**

Skid Car Test Drive Opens  
Lunch on Your Own

**Afternoon**

Retrospective Rating Symposium  
31<sup>st</sup> Poletop Rescue Competition  
**Workshops from the top 16 high-risk industries**

**Complimentary  
Coffee Service**  
Available both days  
starting at 7 a.m.!

### Thursday September 30

**7:00 a.m.**

Registration  
Exhibits Open

**8:00 a.m.**

Cubical Yoga  
Cyber Café Opens  
Video Showcase

**Morning**

**Opening Speaker, John Drebing**  
**Blockbuster Sessions**

- ▶ Identifying Drug Use in the Workplace
- ▶ Modern Technology for Disarming Explosives

**Noon**

Skid Car Test Drive Opens  
Conference Luncheon, Ray Cloutre, M.C.  
▶ Poletop Rescue Competition Awards  
▶ Forklift Rodeo Competition Awards  
▶ Grand Prize Drawings

**Afternoon**

**Blockbusters Repeated**

WISHA Regulatory Update and New Directions  
OSHA Recordkeeping Workshop  
**Addressing Emergencies, Avoiding Catastrophes:**  
special session presented by the United Steelworkers  
Industry Workshops

**54<sup>th</sup> Governor's  
Industrial Safety  
and Health Conference**  
Next year's annual conference  
will be held at the new Greater  
Tacoma Convention and Trade  
Center. Join us for the event  
Sept. 28 and 29, 2005.

**For the Early Bird  
Tuesday, September 28**

## Contractor Training

As a participating contractor, you'll be able to set up your day to suit your business needs and interests, with training in safety, saving money on your claims costs, public works contracting, recordkeeping, risk management, and marketing your business. A number of public entities will be featured. This event will be held at the Ridpath Hotel in Spokane. To register, contact: Shari Purves-Reiter, Contractor Registration Consumer Outreach Manager, 360-902-4733 or [purs235@lni.wa.gov](mailto:purs235@lni.wa.gov).

## Certified Utilities Safety Administrators Certification

The first industry-oriented safety certification, CUSA offers individual professional recognition to utility safety professionals. Test your knowledge in safety practices and gain formal recognition for your efforts. CUSA is managed and directed by the National Safety Council and its utilities division. Contact: Ray Lehr, CSP, CUSA Safety Director, West Division Comcast, 720-267-3036. Sponsored by Comcast.

## Effective Return-to-Work Programs

Attend a professional development seminar presented by the University of Washington. Return-to-work programs are a significant factor in returning injured workers back to the workforce. Learn about programs that achieve rapid and complete recovery. This course will offer professional credits and use examples from Washington workplaces. Visit: <http://depts.washington.edu/ehce/NWcenter/index.html>, or call 206-543-1069.



# Conference Events and Attractions



**John Nance**  
Wednesday's Keynote

## Wednesday's Keynote

**John Nance:** *Teamwork Solutions, Breaking the Communication Barriers.* He is a well-known aviation expert and international advocate of crew resource management and expanded human performance training. John Nance presents pivotal programs on teamwork, risk management, motivation, and coping with competition.

## Thursday's Opening

**John Drebing:** *Breaking Through Resistance and Barriers When Communicating Your Next Industrial Health and Safety Message.* John Drebing is known throughout the safety industry as someone who makes safety interesting. Using magic and inspirational stories, he helps people achieve their safety goals. Sponsored by Comcast.



**John Drebing**  
Thursday's Opening

## Something for Everyone

### 31<sup>st</sup> Poletop Rescue Competition

Year after year, observers hold their breath as contestants in the poletop rescue competition climb high in the air. The contest simulates the critical rescue skills utility crews must master – and hope never to use. Come watch as the top teams vie in the contest of skill. *(Wednesday)*

### Lifesaving Awards

The Governor's Lifesaving Awards recognize extraordinary action by everyday folks who rescue people from life-threatening circumstances. This year's recipients will be publicly recognized at the opening session on Wednesday morning. *(Wednesday)*

### 7<sup>th</sup> Annual Forklift Rodeo

View skilled forklift operators as they navigate a challenging course that tests their skills. *(Wednesday)*

### Retrospective Rating Symposium

Retrospective Rating is an optional financial incentive program offered by the Department of Labor and Industries to help qualifying employers reduce their industrial insurance costs.

This symposium showcases the benefits employers can gain from focusing on workplace safety, effectively managing workers' compensation claims, and using return-to-work strategies. *(Wednesday)*

### School-to-Work Program

Designed for students and teachers, this special program introduces tomorrow's adult workers – and today's young workers – to the importance of workplace safety and health. High-school students accompanied by a teacher, counselor or other adult may attend this free program. Space is limited.

*(Wednesday)*

### WISHA Regulatory Update and New Directions

This presentation will provide information on new and recent initiatives within WISHA, including new rulemaking, the continuing effort to rewrite rules in a way that makes them easy to find and understand, as well as new enforcement and education initiatives, including those involving noise in construction and the masonry industry. *(Thursday)*

### Cyber Café

Learn how to access and explore the websites for the State of Washington and the Department of Labor and Industries. Includes information on how to access laws (RCWs) and regulations (WACs).

You also can access your own e-mail, if you have a universal account, such as Hotmail. Sponsored by Hewlett Packard.

*(Wednesday, Thursday)*

### This year's accommodations provided by the Spokane Public Utilities District.



Aerial view of downtown Spokane and Riverfront Park.



In 2002, conference attendees gathered at the 29th Poletop Rescue Competition in Spokane.

**The WestCoast Ridpath Hotel** is the host hotel. Lodging fees are reduced for conference attendees. Call 509-838-2711 for details.



**"The Workers' Conference"**

# Industry Workshops

Changes to the conference agenda may occur.

## Accident Prevention

- ▶ Communication and Presentation Skills that Work (Wednesday)
- ▶ The Challenge of Cultural & Language Diversity in Hiring and Training Personnel (Wednesday)
- ▶ Job Hazard Analysis Workshops (Thursday)
- ▶ Economics of Safety (Thursday)
- ▶ Claims Management in a Multicultural Society (Thursday)

## Aerospace

- ▶ Multiple Energy Source Placarding - Lockout, Tag, Try-out (Wednesday)
- ▶ The Aging Workforce: Eye Strain, Hearing Loss, etc. (Wednesday)
- ▶ Six Sigma: Tools to Improve Safety Performance (Wednesday)
- ▶ Workplace Solutions to Ergonomic Issues (Thursday)
- ▶ Job Site Modifications (Thursday)

## Agriculture

- ▶ Young Workers' Safety (Wednesday)
- ▶ Homeland Security in Food Safety (Wednesday)
- ▶ Safety Makes Cent\$ (Wednesday)

## Chemical and Petroleum

- ▶ TOPS - Triangle of Prevention in Safety (Wednesday)
- ▶ VPP - Voluntary Protection Program (Wednesday)
- ▶ Contractor Safety Councils (Thursday)

## Communications

- ▶ Meth Lab Awareness (includes display) (Wednesday)
- ▶ You Can't Fix It, If You Don't Know What's Broke (root-cause analysis) (Thursday)

## Construction

- ▶ First Responders and the Skilled Trades (cooperative post-disaster planning) (Wednesday)
- ▶ Hearing Conservation in Construction (Wednesday)
- ▶ Crane Operation Simulation (Thursday)

## Electrical Utilities

- ▶ Fire Retardant Hazard Assessment and Regulatory Update (Wednesday)
- ▶ Poletop Rescue Competition (Wednesday)
- ▶ "Murphy's Law" of GFI's (Thursday)
- ▶ CDL Awareness for Driving at the Workplace (Thursday)

## Food and Beverage Processing

- ▶ Did You Hear What I Heard? Occupational Noise Exposure (Wednesday)
- ▶ Should I Stay or Should I Go? (infectious disease) (Wednesday)

## Forest/Pulp and Paper Products

- ▶ Driving in To-Daze World (Wednesday)
- ▶ HIPPA and Medications on the Job (Wednesday)
- ▶ Stress: The Cocaine of Modern America (Wednesday)
- ▶ Ergo Boot Camp (Thursday)
- ▶ Heat Stress, Wood Dust, and other Health Risks (Thursday)
- ▶ Silica, Lead, Asbestos, and Mold (Thursday)

## Health Care

- ▶ Common Allergies and Chemical Sensitivities (three-part series) (Wednesday)
- ▶ Airborne Hazards and Respiratory Protection Overview (three-part series) (Thursday)

## Mines, Quarries, Cement and Mineral Aggregates

- ▶ Work zone Safety Awareness (two-part series) (Wednesday)
- ▶ CISD: Critical Incident Stress Debriefing (Wednesday)
- ▶ Safety During Maintenance (fall protection, electrical, lock-out/tag-out) (Thursday)
- ▶ Explosive Security, Post 911 (Thursday)

## Natural Gas

- ▶ Work-zone Traffic Safety (Wednesday)
- ▶ A Fun Program About Understanding Natural Gas and Carbon Monoxide in the Home (Wednesday, Thursday)
- ▶ Pipeline Regulatory Update: Operations Qualifications (Thursday)

## Public Employees

- ▶ The Fungus Among Us... Mold a Growing Problem (Wednesday)
- ▶ Should I Fear the Fungus? Mold a Growing Problem (Wednesday)
- ▶ Hazards of Particulates – Air Quality (Thursday)
- ▶ Exploring the World of Risk Management – State of Washington and Beyond (Thursday)

## Vehicle and Fleet

- ▶ Can Your Driving Record Cost You Your Job or Your Employer's Business? (Wednesday)
- ▶ Move Rights for Lights and LIFE (Wednesday)
- ▶ Road Rage ADAT-SCHAT Vehicles and Procedures (Wednesday)
- ▶ Skid Car Test Drive (Wednesday, Thursday)
- ▶ Work-zone Safety in Construction (Thursday)
- ▶ Weapons of Mass Distraction (Thursday)



The conference is co-sponsored by the Governor's Industrial Safety and Health Advisory Board and the Washington State Department of Labor and Industries.

Special thanks to The Boeing Company for printing this brochure.

# Conference Registration

## 1

### Attendees

#### \$80/person

Mail-in registrations must be postmarked by Aug. 31, 2004.

Online registration closes Sept. 24, 2004.

After these dates, you must register in person at the conference, \$95/person.

Advance registration must be postmarked by Aug. 31, 2004

(Copy this portion as needed for additional attendees)

1. Mr./Ms. \_\_\_\_\_  
Title \_\_\_\_\_ E-mail \_\_\_\_\_  
Sept. 30 luncheon (optional, see step 4, list your choice)
2. Mr./Ms. \_\_\_\_\_  
Title \_\_\_\_\_ E-mail \_\_\_\_\_  
Sept. 30 luncheon (optional, see step 4, list your choice)
3. Mr./Ms. \_\_\_\_\_  
Title \_\_\_\_\_ E-mail \_\_\_\_\_  
Sept. 30 luncheon (optional, see step 4, list your choice)

## 2

### Organization/Company

The Board of Certified Safety Professionals offers one continuing- education unit (CEU) and the American Board of Industrial Hygiene offers two CEUs for attending this conference. Human resource credits are pending.

Organization/company name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone # ( ) \_\_\_\_\_ Fax # ( ) \_\_\_\_\_  
Web site address: (http:// \_\_\_\_\_)  
How did you learn of the conference? (please check only one)  
☐ Labor and Industries web site ☐ Labor and Industries publication ☐ Personal contact ☐ Association/Labor/News  
☐ Other web site ☐ Registration form ☐ Co-worker ☐ Other: \_\_\_\_\_

## 3




### Payment Method

Federal ID# for this conference is: 91-106-1635

Make checks payable to Governor's Industrial Safety and Health Advisory Board (GISHAB)

(or)  
For credit card payments complete the information to the right.

(or)  
Online at: [www.LNI.wa.gov/Safety/TrainTools/GovConf/default.asp](http://www.LNI.wa.gov/Safety/TrainTools/GovConf/default.asp)

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<input type="checkbox"/> Credit Card (Circle)	<table border="1"><tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr></table>																			<table border="1"><tr><td></td><td></td><td></td><td></td></tr></table>				
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Indicate below the contact person and address to send invoice. Please do not send payment until you receive the invoice.

Contact \_\_\_\_\_ Telephone # \_\_\_\_\_  
Address \_\_\_\_\_ Email \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

## 4

### Fee Calculation

Programs, name badges and luncheon tickets will be available at the conference.

#### Sept. 30 LUNCHEON (optional)

Please indicate your London Broil  
choice of meal(s) Green Bluff Harvest (chicken)  
above in Step 1. Vegetarian Lasagna

#### Sept. 28 ASSE-Sponsored Social (optional)

Join in for food and fun at Spokane's famous  
1909 carousel, located in Riverfront Park.

Number of attendee(s) \_\_\_\_\_ x \$80 = \$ \_\_\_\_\_  
Conference luncheon(s) \_\_\_\_\_ x \$20 = \$ \_\_\_\_\_  
ASSE Social(s) \_\_\_\_\_ x \$10 = \$ \_\_\_\_\_

**TOTAL FEE \$ \_\_\_\_\_**

Send this form and payment by mail: GISHC  
c/o Destination Seattle  
PO Box 22888  
Seattle, WA 98122

By fax: 206-860-7497  
Toll free: 877-866-7498

#### Cancellations

Written cancellations must be received before Aug. 31, 2004, and are subject to a \$10 administrative fee. Substitutions allowed.

#### Special accommodations

If you have special communication or accommodation needs, please contact the conference coordinator at least four weeks before the conference. By mail: Conference Coordinator, Labor and Industries, PO Box 44642, Olympia, WA 98504-4642.

By telephone: 888-451-2004. (TDD users, please call 360-902-5797.) By e-mail: [alen235@lni.wa.gov](mailto:alen235@lni.wa.gov) or [trot235@lni.wa.gov](mailto:trot235@lni.wa.gov)

REGISTRATION FORM

CUT ALONG DOTTED LINE



# Attend this year's conference

## 53<sup>rd</sup> Governor's Industrial Safety and Health Conference

### ***Safety and Health: It's Your Best Investment...***

*Two days filled with top-quality training for employers, workers and safety professionals. Take part in competitive events that everyone is sure to enjoy!*



Aerial view of beautiful downtown Spokane, site for this year's conference.

Photo: Spokane Regional CVB/Alan Bisson

# REGISTER TODAY!

***New this year...***

- ▶ Keynote and Opening Speakers: Now both days offer presentations by engaging experts within the safety and health fields.
- ▶ Skid Car Test Drive: Demonstrate your ability to maneuver through a forced skid to avoid a rollover or crash.
- ▶ Crane Simulator Competition: Think you can command and control a large crane? Test your skills and compete with others to find out who has what it takes to be a crane operator.
- ▶ Three new Early Bird courses: Contractor Training, CUSA Testing and Certification, and Effective Return-to-Work Programs.

***...And a lot more***

- ▶ Choose from 50+ industry workshops (breakout sessions).
- ▶ Visit the Exhibition Hall – where the action takes place!
- ▶ Pick a blockbuster session, expand your knowledge and learn from the experts in safety training.
- ▶ Network with others in your industry.
- ▶ Catch spectacular events: 31<sup>st</sup> Poletop Competition, 7<sup>th</sup> Forklift Rodeo, Governor's Lifesaving Awards.

**Two days of non-stop action – workshops, exhibits, demonstrations and networking.**

Governor's Industrial Safety  
and Health Advisory Board  
PO Box 44642  
Olympia WA 98504-4642

**ATTN: Safety Office**

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